

Tape Script - PR 5.1

Ash /æ/ (*fat*) vs Epsilon /ɛ/ (*fed*)

(old symbols: Short A -a- vs Shore E -e-)

[Click here to begin the audio recording](#)

PR Tape 5.1 Listening practice for the vowel sounds -a- – short a (/æ/ Ash) – and -e- – short e (/ɛ/ Epsilon).

Part 1: Listen to the pairs of words. The first word in each pair has the -a- sound (Ash) – the same sound you hear in *fat*. The second word in each pair has the -e- sound (Epsilon) – the same sound you hear in *check*. Listen:

sat - set

gas - guess

bad - bed

bag - beg

pan - pen

slapped - slept

Part 2: Tell which column each word goes in. Words with -a- (/æ/) go in column 1; words with -e- (/ɛ/) go in column 2. *Bad* is in column 1; *bed* is in column 2. Say "1" or "2". Begin:

Column 1

bad

Column 2

bed

Part 3: Tell which column each sentence goes in. Sentences with -a- (/æ/) go in column 1; sentences with -e- (/ɛ/) go in column 2. *Did you see the man?* is in column 1; *Did you see the men?* is in column 2. Say "1" or "2". Begin:

Column 1

Did you see the man?

Column 2

Did you see the men?

This is the end of PR Tape 5.1.

(Please wait - the second part of the tape follows a long delay)

PR 5.1-C Pronunciation practice for the vowel sounds -a- -- short a (Ash) and -e- -- short e (Epsilon).

Part 1: Repeat:

getting
letter
getting a letter
family
getting a letter from my family
very
happy
very happy
Getting a letter from my family makes me very happy.

better
relax
You'd better relax.
health
bad
bad for your health
stress
Stress is bad for your health.
You'd better relax – stress is bad for your health!

second
language
a second language
well
to speak a second language well
necessary
practice
It's necessary to practice.
It's necessary to practice in order to speak a second language well.

Part 2: Repeat the phrases in the box:

a standard test	a vast desert
a healthy snack	a domestic animal
a valuable medicine	an alcoholic beverage
a well-known actress	an international athletic event

Now say the phrase from the box which identifies each thing you hear.
Begin:

cow
apple
Jane Fonda
TOEFL

vodka
penicillin
Sahara
Olympics

Part 3: Repeat the phrases:

to let yourself get fat
to go outside in bad weather
to drink alcoholic beverages
to exercise right after eating
to drink excessive caffeine
to take a bath every day
to eat regularly at fast-food restaurants
to go without a hat in cold weather

Now, tell your opinion. Add "*It's bad for your health..*" or "*It's not bad for your health...*" at the beginning of each phrase you hear.

Repeat: It's bad for your health.
It's not bad for your health.

Begin:

This is the end of PR Tape 5.1-C.